

OAK RIDGE R-6

SEPTEMBER BREAKFAST MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 NO SCHOOL LABOR DAY	3 Cereal Juice Fruit Milk	4 Muffin Juice Fruit Milk	5 Biscuit Sausage Patty Milk Gravy Juice Fruit Milk	6 Grape/Strawberry Peanut Butter Uncrustable Juice Fruit Milk	7
8	9 Yogurt Animal Crackers Juice Fruit Milk	10 French Toast Sticks Syrup Applesauce Juice Milk	11 Oatmeal Graham Bug Bites Juice Fruit Milk	12 Pancakes Syrup Sausage Link Juice Fruit Milk	13 Breakfast Pizza Juice Fruit Milk	14
15	16 Cereal Juice Fruit Milk	17 Cinnamon Roll Sausage Link Juice Fruit Milk	18 Muffin Juice Fruit Milk	19 Biscuit Sausage Patty Milk Gravy Juice Fruit Milk	20 NO SCHOOL	21
22	23 Yogurt Animal Crackers Juice Fruit Milk	24 French Toast Sticks Syrup Applesauce Juice Milk	25 Oatmeal Graham Bug Bites Juice Fruit Milk	26 Pancakes Syrup Sausage Link Juice Fruit Milk	27 Breakfast Pizza Juice Fruit Milk	28
29	30 Cereal Juice Fruit Milk					

This institution is an equal opportunity provider.

OAK RIDGE R-6 SEPTEMBER LUNCH MENU

Carrot sticks available daily.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 NO SCHOOL LABOR DAY	3 Hamburger on Bun Cheese Slice French Fries Pickles/Onions Mustard/Catsup Fruit Milk	4 Beef & Bean Burrito Cheese Sauce Corn Fruit Choc. Chip Cookie Milk	5 Chicken Nuggets French Fries Catsup/BBQ Sauce Fruit Milk	6 Meatloaf Mashed Potatoes Green Beans Bread Fruit Milk	7
8	9 Deli Ham on Bun Cheese Slice Tater Tots Catsup/Mayo Fruit Milk	10 Country Fried Steak Mashed Potatoes Milk Gravy Green Beans Fruit Milk	11 Sloppy Joe on Bun String Cheese Glazed Carrots Potato Smiles Catsup Bug Bites Fruit Milk	12 Cheese Pizza Crunchers Lettuce Salad Corn Fruit Milk	13 Hamburger on Bun Cheese Slice French Fries Pickles/Onions Mustard/Catsup Fruit Milk	14
15	16 BBQ Rib on Bun Sweet Potato Fries Baked Beans Catsup Fruit Milk	17 Mozzarella Sticks Meat Sauce Lettuce Salad Corn Fruit Milk	18 Chicken Noodle Soup Crackers Carrot Sticks Applesauce Milk	19 Hot Dog on Bun French Fries Catsup/Mustard Fruit Milk Dismiss at 12:30 pm	20 NO SCHOOL	21
22	23 Pepperoni Pizza Lettuce Salad Corn Fruit Milk	24 Salisbury Steak Mashed Potatoes Green Beans Gravy Whole Wheat Roll Fruit Milk	25 Deli Turkey on Bun Cheese Slice Tater Tots Catsup/Mayo Fruit Milk	26 Softshell Taco w/Meat Lettuce/Cheese Salsa Refried Bean Corn Juice Milk	27 Chicken Patty on Bun Lettuce Leaf French Fries Catsup/Mayo Fruit Milk	28
29	30 Meatloaf Mashed Potatoes Green Beans Bread Fruit Snack Milk					

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