

OAK RIDGE R-6 NOVEMBER BREAKFAST MENU

1% White, Chocolate, Strawberry & Vanilla Milk Served Daily

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Grape/Strawberry Peanut Butter Uncrustable Juice Fruit	2
3	4 Yogurt Animal Crackers Juice Fruit	5 French Toast Sticks Syrup Applesauce Juice	6 Oatmeal Graham Bug Bites Juice Fruit	7 Pancakes Syrup Sausage Link Juice Fruit	8 Breakfast Pizza Juice Fruit	9
10	11 Cereal Juice Fruit	12 Cinnamon Roll Sausage Link Juice Fruit	13 Muffin Juice Fruit	14 Biscuit Sausage Patty Milk Gravy Juice Fruit	15 Grape/Strawberry Peanut Butter Uncrustable Juice Fruit	16
17	18 Yogurt Animal Crackers Juice Fruit	19 French Toast Sticks Syrup Applesauce Juice	20 Oatmeal Graham Bug Bites Juice Fruit	21 Pancakes Syrup Sausage Link Juice Fruit	22 Breakfast Pizza Juice Fruit	23
24	25 Cereal Juice Fruit	26 Muffin Juice Fruit	27 No School	28 Happy Thanksgiving	29 No School	30

This institution is an equal opportunity provider.

OAK RIDGE R-6

NOVEMBER LUNCH MENU

1% White, Chocolate, Strawberry & Vanilla Milk Served Daily

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Beef & Bean Burrito Cheese Sauce Sweet Corn Fruit Teddy Graham Cubs	2
3	4 Sloppy Joe on Bun Glazed Carrots Potato Smiles Catsup String Cheese Brownie Fresh Pineapple	5 Country Fried Steak Mashed Potatoes Milk Gravy Green Beans Bread Fruit	6 Chili Crackers ½ Peanut Butter Sandwich Cheese Slice Fresh Carrots Ranch Dressing Applesauce	7 Pepperoni Pizza Garden Salad Sweet Corn Fresh Red Pepper Strips Fruit	8 Hamburger on Bun Cheese Slice French Fries Pickles/Onions Mustard/Catsup Fruit	9
10	11 BBQ Rib on Bun Sweet Potato Waffle Fries Baked Beans Fresh Orange	12 Chicken Noodle Soup Crackers Fresh Carrots Ranch Dressing Applesauce	13 Oven Fried Chicken Mashed Potatoes Broccoli/Cheese Sauce Bread Fruit	14 Mozzarella Sticks Meat Sauce Garden Salad Sweet Corn Fresh Cherry Tomatoes Fruit	15 Corn Dog Macaroni & Cheese Green Peas Catsup/Mustard Apple Crisp	16
17	18 Cheese Pizza Crunchers Garden Salad Sweet Corn Fresh Carrots Ranch Dressing	19 Salisbury Steak Mashed Potatoes Green Beans Gravy Whole Wheat Roll Fruit	20 Soft Shell Taco w/Meat Shredded Lettuce Cheese Salsa Fire Roasted Corn w/Peppers/Onions Refried Beans Juice	21 Deli Ham on Bun Provolone Cheese Cheese Pickle Spear Lettuce Leaf Fresh Tomato Tator Tots Catsup/Mayo Banana	22 Chicken Patty on Bun Lettuce Leaf French Fries Fresh Cucumbers Ranch Dressing Catsup/Mayo Fruit	23
24	25 Hot Dog on Bun French Fries Mustard/Catsup Fresh Apple Fruit Snack	26 Turkey Gravy Mashed Potatoes Green Beans Cranberry Sauce Whole Wheat Roll Fruit Salad	27 No School	28 Happy Thanksgiving	29 No School	30

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